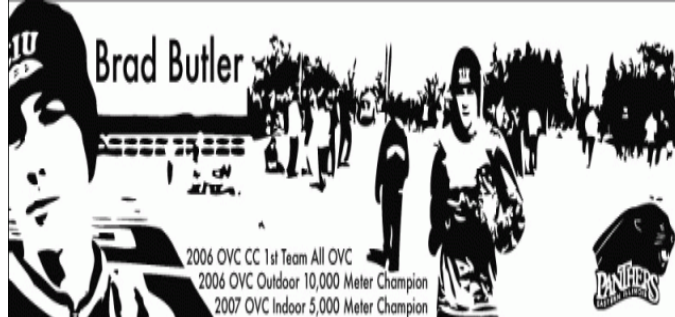


## Eastern Illinois Running Camp

Eastern Illinois takes pride in their strong tradition in both Cross Country and Track and our running camp provides the opportunity for young athletes to take part in this tradition. During their week on campus, the campers will gain instruction through clinics and workouts while having fun playing games and doing activities. This is a top-of-the-line camp that will give the campers loads of fun while leaving them motivated to run.



## Eastern Illinois University Running Camp

Camp Mailing Address:  
1024 6th St.  
Charleston, IL 61920

Phone: 217-299-0679  
E-mail: [ajiaun@eiu.edu](mailto:ajiaun@eiu.edu)

## Eastern Illinois University Running Camp



*"Come have fun  
for a week at our  
running camp  
that offers expert  
instruction, yet  
is affordable for  
everybody!"*

*-Coach Aaron Iaun*

Telephone: 217-299-0679

## *Eastern Illinois Running Camp*

Monday, July 11, 2009 -  
Saturday, July 16, 2009

Eastern Illinois University  
600 Lincoln Avenue  
Charleston, IL 61920

Available for grades: **6-12**

### Camp Costs:

Overnight Campers: **\$310**

Commuters: **\$175**



### Camp Highlights Include:

- **Instructional Clinics from top collegiate and high school coaches.**
- **VO2 Max testing.**
- **Trip to Fox Ridge State Park.**
- **Games, activities, and interaction with campers each day.**
- **Panther Prowl Road Race.**



Head Coach:

**Aaron Iaun**



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Running Camp

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